

PROJECT PROPOSAL



Submitted by: Yuvva Pariwar Welfare Foundation

Legal Status: Section 8 Company

Project Location: [City], Rajasthan

Project Duration: 12 Months

Proposed Project Cost: ₹70,00,000

Beneficiaries: Persons affected by alcohol/substance dependence and their families

1. Executive Summary

Yuvva Pariwar Welfare Foundation proposes to establish/operate a structured Nasha Mukti, Treatment and Rehabilitation Centre for people affected by alcohol and substance dependence. The proposed project will provide counselling, medical support through qualified professionals, psychosocial care, family counselling, rehabilitation, relapse-prevention support and community awareness activities.

The Foundation has approximately four years of social-welfare experience including girl-child welfare, education and health camps. The proposed project will extend this community-service experience into substance-abuse prevention, treatment support and rehabilitation.

2. Government Scheme Context

The Rajasthan Social Justice & Empowerment Department currently lists Drug De-addiction as a scheme implemented through NGOs and publishes eligibility requirements and guidelines for Drug De-addiction projects and Nasha Mukti Centres. The Department website records the 2024-25 Nasha Mukti Centre Guidelines and the Rajasthan De-addiction Centre Rules, 2020.

This is a detailed project draft for submission under the applicable government/e-Anudaan process. Final sanctioned amount, eligible expenditure heads, centre capacity, staffing and infrastructure remain subject to the latest applicable government guidelines, inspection and approval.

3. Problem Statement

Alcohol and substance dependence can affect physical health, mental wellbeing, family relationships, employment and social stability. Many economically weaker families have difficulty accessing structured treatment and rehabilitation services. A locally accessible, professionally supervised centre can help affected persons receive timely counselling, treatment support and rehabilitation while involving families in recovery.

4. Project Objectives

- Provide accessible, structured support to persons affected by alcohol/substance dependence.
- Provide assessment, counselling and treatment support through qualified professionals.
- Provide family counselling and relapse-prevention education.
- Develop rehabilitation and reintegration plans.
- Conduct community awareness activities.
- Maintain beneficiary records and outcome documentation.

5. Proposed Services

- Initial screening and psychosocial assessment
- Medical assessment and referral/clinical support as required
- Individual and group counselling
- Psychiatric/medical consultation through qualified professionals
- Family counselling and caregiver education
- Yoga, meditation and structured wellness activities
- Life-skills and behaviour-change sessions
- Rehabilitation and skill-orientation support

- Relapse-prevention planning and follow-up
- Community awareness camps and outreach

6. Human Resources (Indicative)

Centre Coordinator; qualified medical/clinical professional as required; psychiatrist/medical consultant; counsellors; nursing/paramedical staff; care/support staff; accounts/documentation support; cook/housekeeping/security support as required.

7. Proposed Budget – ■70,00,000

Budget Head	Amount
Centre building/rent and premises expenses	■10,00,000
Beds, furniture and patient-care infrastructure	■7,00,000
Medical/clinical equipment and basic supplies	■5,00,000
Professional/clinical staff and counselling services	■18,00,000
Nursing, care and support staff	■7,00,000
Food, nutrition and beneficiary welfare	■5,00,000
Medicines/consumables and essential care supplies	■4,00,000
Rehabilitation and skill/life-skills activities	■3,00,000
Awareness, outreach and community camps	■2,00,000
Monitoring, documentation and impact assessment	■2,00,000
Utilities, sanitation, communication and administration	■7,00,000
TOTAL	■70,00,000

Budget note: Proposed planning budget only. Expenditure heads and amounts must be aligned with the latest scheme norms and the sanction/approval of the competent authority.

8. Implementation Plan – 12 Months

Months 1–2: Site/infrastructure readiness, permissions/inspection process, staff onboarding, SOPs and beneficiary identification.

Months 3–4: Centre operations, counselling, medical/clinical linkages, family counselling and awareness.

Months 5–9: Treatment-support activities, rehabilitation, follow-up, outreach and monitoring.

Months 10–11: Outcome assessment and relapse-prevention planning.

Month 12: Final impact assessment, utilisation documentation and completion report.

9. Monitoring & Documentation

The Foundation will maintain beneficiary assessment/admission records, treatment-support plans, counselling records, attendance, follow-up information, expenditure records and periodic progress reports. Beneficiary confidentiality will be maintained.

10. Expected Outcomes

- Improved access to structured de-addiction and rehabilitation support.
- Greater awareness among beneficiaries and families about addiction and relapse prevention.
- Improved family participation in recovery.
- Better referral to appropriate medical/psychiatric services.
- Rehabilitation and social reintegration support.
- Community awareness on prevention of alcohol and substance abuse.

11. Organisation's Strength

Yuvva Pariwar Welfare Foundation is a Section 8 organisation with approximately four years of grassroots social-welfare experience, including education support, girl-child welfare and health camps. The Foundation has relevant organisational documentation including 12A/12AB, 80G and CSR-1, as stated by the organisation.

12. Funding Request

Yuvva Pariwar Welfare Foundation requests financial assistance of up to ₹70,00,000 for the proposed 12-month Nasha Mukti, Treatment and Rehabilitation project, subject to applicable government scheme norms, eligibility conditions, inspection, approval and sanctioned budget.

13. Contact Details

Yuvva Pariwar Welfare Foundation

Section 8 Company

Address: [Full Address]

District/City: [City], Rajasthan

Mobile: [Mobile Number]

Email: [Email Address]

NGO Darpan/Other Registration Details: [Details]

Important: This proposal is a project draft and does not confirm that ₹70 lakh will be sanctioned. The latest Rajasthan government guidelines, licensing/permission requirements and e-Anudaan conditions must be checked before final submission.